

Thanks to a generous grant from the National Clergy Renewal Program funded by Lilly Endowment Inc., we are able to offer this Season of Exploration at no cost to participants. The season includes:

### Professional Coaches

Five professional coaches offer Saturday in-depth workshops and Sunday worship. Attend both for the full experience. Topics: Tracking Animals, Dance, Music, Drama and Storytelling

### Try Something New Workshops

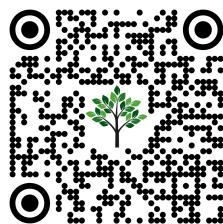
Three Saturdays offer concurrent workshops from local experts on creative and spiritual activities: Journaling, Music, Drama, Poetry, American Sign Language, Meditation, Woodworking, Crafts, Mandalas, and Zentangle

### Sunday Worship

As well as worship led by the professional coaches, local speakers lead worship other Sundays to explore spirituality in different ways. Some topics: Live Painting, Universal Language, Blessing of Creation, Contemplation, Journaling, Golgi Complex, Music, Movement and Spirit

The theme of “Tracking the Word: Embodying the Spirit” speaks to our desire to follow Christ’s tracks and to embody the Spirit not only in our work, but in the deepest part of our beings. We never know where those tracks might lead, but we can commit to follow them faithfully. Likewise, we never know what we might learn by opening ourselves to the Spirit, but we know it will provide more than enough for us, and certainly more than if we don’t practice openness.

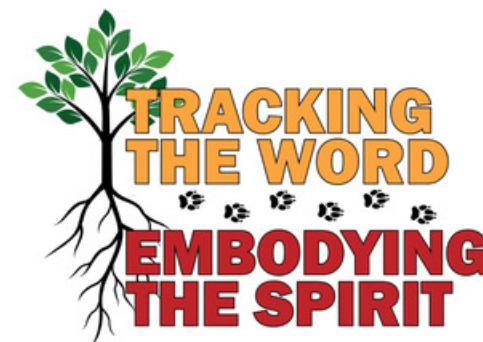
--Rev. Katie Palmer



Scan the QR code for full details or go to <https://lvpresbyterian.org/tracking>

**Questions? Call the church office  
at 505-425-7763**

\*OTMCC is the Old Town Mission  
Community Center at 301 Socorro St



**A Season of  
Exploration**

**Worship & Workshops  
offered at no cost to the  
community**

**Tracking Animals!**  
**Dance!**  
**Music!**  
**Drama!**  
**Storytelling!**

**First United  
Presbyterian Church  
1000 Douglas Avenue  
Las Vegas, New Mexico**

**Sat., May 6 Workshop**  
**1:00-Riverwalk; 3:00-Church**  
*Tracking Methods*  
John Stokes, Tracker

**Sun., May 7, 10:30**  
*The Spirit & Nature*  
John Stokes, Tracker  
**CATERED LUNCH**  
(free, but registration required)

**Sun., May 14, 10:30**  
*Tracking as Worship*  
Rev. Katie Palmer

**Sun., May 21, 10:30**  
*Seeking the Spirit in Sabbatical*  
Rev. Katie Palmer

**Sun., May 28, 10:30**  
*Spiritual Journaling*  
Sharon Vander Meer

**Sun., June 4, 10:30**  
*A Universal Language*  
Linda Solyntjes

**Sat., June 10, 1:00 at OTMCC\***  
*The Body's Wisdom: The Art of Facing  
Change with Embodiment Practice*  
Jen Friedman, Dances of Universal Peace

**Sun., June 11, 10:30**  
*The Body's Wisdom*  
Jen Friedman, Dances of Universal Peace  
**POTLUCK LUNCH**

**Sun., June 18, 10:30**  
*Painting to Scripture*  
Duffy Peterson

**Sat., June 24 Workshops**  
Caroline Rackley – *Storytelling Playback 1:00*  
Kayt Peck – *The Power of Words 3:00*  
Sharon Vander Meer – *Journaling 3:00*

**Sun., June 25, 10:30**  
*Blessing Creation*  
Rev. Randy Campbell & Rev. Pat Halverson

**Sun., July 2, 10:30**  
To Be Announced

**Sat., July 8 Workshop, 1:00**  
*Negro Spirituals: Songs of Freedom and  
Songs of Justice*  
Roger Holland  
University of Denver

**Sun., July 9, 10:30**  
Roger Holland  
**POTLUCK LUNCH**

**Sun., July 16, 10:30**  
*Quaker Worship*  
Niki Sebastian

**Sat., July 22 Workshops**  
John Arnold–*Seated & Moving Meditation 1:00*  
Jordan Jones – *Finding Your Voice 1:00*  
Carol Litherland–*Amer. Sign Language 3:00*  
Frank Beurskens – *Woodworking 1:00-5:00*  
(free; registration required)

**Sun., July 23, 10:30**  
*Are You Listening?*  
John Arnold

**Sat., July 29 Workshop, 1:00**  
*Drama as a Sacred Tool for God's Word*  
Rev. Linda Loving

**Sun., July 30, 10:30**  
*For Such a Time as This*  
Rev. Linda Loving  
**POTLUCK LUNCH**

**Sun., August 6, 10:30**  
*The Golgi Complex - the Ultimate  
Tracker*  
Carol Linder

**Sat., Aug. 12 Workshop, 1:00**  
*The Power of Personal Storytelling*  
Rev. Seth Finch

**Sun., August 13, 10:30**  
*Are We There Yet?*  
Rev. Seth Finch  
**POTLUCK LUNCH**

**Sun., August 20, 10:30**  
**Worship with Live Music**

**Sat., Aug. 26 Workshops**  
Anne Bradford - *Zentangle 1:00*  
Kevin Johnson – *Crafts 1:00*  
Elizabeth Ratzlaff - *Mandalas 3:00*

**Sun., August 27, 10:30**  
*Movement and Dance in Worship*  
Judi Ruprecht

**Sun., September 3, 10:30**  
Brett Gilland

**Sun., September 10, 10:30**  
*Home Anew*  
Rev. Katie Palmer