

## HELLO FUPC FAMILY AND FRIENDS!

In this mailing you'll find a note from Pastor Katie and the bulletin for Sunday's worship service. Join us Sunday at 10:30 via zoom by going to <https://us02web.zoom.us/j/5739200081> or join us by phone (312-626-6799). If you're joining by phone, enter meeting ID 573-920-0081. If you've not used zoom before, follow the instructions provided at the link. If you need help with zoom, call D.R. Palmer before Sunday. It is so good to see and hear each other! Please plan to join us!



### THIS WEEK AT FIRST UNITED PRESBYTERIAN

#### Tuesday, February 2

7:30 a.m. – Personnel via Zoom  
9:00 a.m. - Coffee with Katie via Zoom  
1:00 p.m. – Mission and Peacemaking via Zoom

#### Sunday, February 7

Annual Congregational Meeting after Worship

#### Assisting in Worship This Week

Preacher – Rev. Katie Palmer    Worship Leader – Rosie Lopez  
Director of Music - Karyl Lyne    Accompanist – Em Krall  
Zoom Host – D.R. Palmer        Visuals – Tegan Palmer



First United Presbyterian Church  
1000 Douglas Avenue  
PO Box 37  
Las Vegas NM 87701

January 27, 2021

Dear FUPC Family and Friends,

This week as we walk “On the Way with Jesus,” we see Jesus come up against church leaders who are enraged that he fails to follow the letter of the law when it comes to Sabbath practices. In one story, Jesus’ hungry disciples pluck and eat grain from a field on the Sabbath. In another, Jesus heals a man, restoring his hand to wholeness, on the Sabbath day. We’ll explore a bit about the message Jesus’ actions were meant to convey to the people of his time and how we might consider that message in our own time.

I ask that you spend some time before Sunday thinking about what you learned about Sabbath practice when you were growing up and what it means to you now. How and when do you seek Sabbath in your life? Have your Sabbath practices changed during this time of COVID? As we begin to look toward a time when we will be able to resume activities we consider more “normal,” what Sabbath practices might you keep from this time? To what will you return that you’ve been unable to do under COVID restrictions?

As is our tradition on 5<sup>th</sup> Sundays of the month, we will respond to God’s word for us with a healing ritual for ourselves, for our country, and for our world. (In other words, we will do some healing of our own on this Sabbath day!) If you would like to participate in the anointing part of this healing service, please have with you a small bit of oil, lotion, perfume, or even water with which to anoint your forehead at the appropriate time.

Additionally, we will bless several prayer shawls, made to comfort those who are facing illness or grief. While we can’t lay hands on the shawls as we bless them, some of our deacons will hold them as we pray that the shawls bless those who receive them.

Finally, a word about Ash Wednesday (read more in the newsletter, which will be coming out soon). On Ash Wednesday, we move into a time of reflection and repentance, a time when we harken to the creation story, remembering that we were created from the dust of the earth and to the earth we will return. Rather than marking ourselves with ashes, we ask you to retrieve a bit of dirt from your yard and make some mud (remember making mud pies when you were a kid?) with which to mark yourself during our Ash Wednesday liturgy.

With thanks for all of you,

Pastor Katie



## FIRST UNITED PRESBYTERIAN CHURCH

1000 Douglas Avenue, Las Vegas NM 87701

January 31, 2021

10:30 a.m.

### *ON THE WAY WITH JESUS*

MEDITATION – *As soon as healing takes place, go out and heal somebody else.* --Maya Angelou

#### WE GATHER TOGETHER

**WELCOME**

Rev. Katie Palmer

**PRELUDE**

Em Krall

**ANNOUNCEMENTS**

Rosie Lopez

**PASSING OF THE PEACE**

*Let us make a commitment during this time to call someone today,  
visit with them, and wish them the peace of Christ.*

**CALL TO WORSHIP** (Psalm 92:1-4)

It is good to give thanks to the Lord

**to sing praises to your name, O Most High;**

to declare your steadfast love in the morning

**and your faithfulness by night,**

to the music of the lute and the harp

**to the melody of the lyre.**

For you, O Lord, have made me glad by your work;

**at the works of your hands I sing for joy.**

Let us worship God!

**OPENING HYMN** *Come, Worship God* (GTG #386)

**OPENING PRAYER**

#### WE PROCLAIM GOD'S WORD

**PRAYER FOR ILLUMINATION**

**SCRIPTURE** Luke 6:1-11

One sabbath while Jesus was going through the cornfields, his disciples plucked some heads of grain, rubbed them in their hands, and ate them. But some of the Pharisees said, 'Why are you doing what is not lawful on the sabbath?' Jesus answered, 'Have you not read what David did when he and his companions were hungry? He entered the house of God and took and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and gave some to his companions?' Then he said to them, 'The Son of Man is lord of the sabbath.'

On another sabbath he entered the synagogue and taught, and there was a man there whose right hand was withered. The scribes and the Pharisees watched him to see whether he would cure on the sabbath, so that they might find an accusation against him. Even though he knew what they were thinking, he said to the man who had the withered hand, 'Come and stand here.' He got up and stood there. Then Jesus said to them, 'I ask you, is it lawful to do good or to do harm on the sabbath, to save life or to destroy it?' After looking around at all of them, he said to him, 'Stretch out your hand.' He did so, and his hand was restored. But they were filled with fury and discussed with one another what they might do to Jesus.

**SERMON**

*Every Day Is a Day to Do Good*

Rev. Katie Palmer

#### WE RESPOND TO GOD'S WORD

**BLESSING FOR HEALING AND RENEWAL**

**BLESSING OF PRAYER SHAWLS**

**PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER**

#### WE GO FORTH IN GOD'S NAME

**CLOSING HYMN** *For the Healing of the Nations* (GTG #346)

**CHARGE AND BENEDICTION**

**POSTLUDE**

**WELCOME!!** - We extend a warm welcome in the name of Christ to all who worship with us today.

- We will hold our **Annual Congregational Meeting** via Zoom following worship on Sunday, February 7. Please plan to attend.
- **Sunday Morning Class:** Our adult/youth class is discussing the book "He Said - I Am ...and He Is" by Glenn C. Carlson. The book deals with the seven times in the Gospel of John that Jesus asserts "I am ...." The reading assignments each week include sections of the book and the related scripture passages. For the February 7 session the readings are "I Am the Good Shepherd" p.21-25 (John 10: Jesus the good shepherd) **AND (note the skipped chapter!)** "I Am the Resurrection and The Life" pp. 33-37 (John 11: The death and raising of Lazarus). The book is available from [Xlibris.com](http://Xlibris.com) in softcover for \$14.99, for \$11.85 with free shipping from Amazon Prime and as a Kindle book for \$3.99. There are also a few used copies available for \$5 to \$10 with shipping from AbeBooks and Alibris. Richard Lindeborg can have a copy shipped to your house. He can also email you a scanned copy of the week's readings if you are stranded with a copy in transit.
- **Lenten Series:** This year's study (starting February 21) will be discussion of the book *Are We There Yet? Pilgrimage in the Season of Lent*, with an introduction by Marek P. Zabriski (2017). The book is available new in paperback from Amazon Prime for \$13.22 or used for as little as \$5.99 including shipping; from Alibris for as little as \$2.77 plus \$3.99 shipping; or AbeBooks for \$2.79 plus \$2.00 shipping. You may be able to get Paper Trail to order a copy, or Richard Lindeborg can have a copy shipped to your home.
- **Samaritan House Food Donations** – February– Pasta and Sauce - Coffee and Tea are always appreciated. Please drop your donations off at Samaritan House
- **Prayers for the Church Family** - Each week we choose some specific names to remind us to pray for each other and for those in our Presbytery. Please pray for Denice Spicer, Norman & Wamoth Spicer, and June & Roy Stallsmith as well as Sandia Presbyterian Church, Albuquerque NM (1990).

*February Elder of the Month – D.R. Palmer – 303-775-7259*

*February Deacon of the Month – Mary Schipper – 505-429-0285*

*Church Office closed to the public, but calls and emails will be answered*

*Hours: Monday -Thursday 9:00 a.m. – 1:00 p.m.*

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